

**Session # 7** (32 min)

**The “Self” We Love**

Pages 10,11 of the work book

If you have not yet taken the Unique Self test take some time to do so at the beginning of this session. Instructions are on the front for scoring and additional information is available.

What was meaningful for you in this session?

Take some time in the group to discuss the outcomes of your profiles as you can best understand them. Use the sheets provided to determine the strengths and weaknesses of your temperament.

What is the temperament make-up of this group?

How has that affected how the group operates?

How have the differences in temperaments in your marriage brought growth and strength?

How have they caused friction and difficulty?

In what ways might your children be different based on temperament?

What are some implications for a relationship in conflict if God created the conflicting temperaments?

Why, in your opinion, is it important to distinguish between the “four selves,” especially selves 1-3? What difficulties might arise if one doesn’t distinguish between them?

The temperament is like a prism that reflects whatever is coming through it – selves 1,2,or 3. Discuss the difference between self #1 and self#2 as you understand them.

What don’t you understand?

In what ways do we tend to fight the “person who died on the cross?”

Who is this “person” in your understanding?

What problems can you envision arising from “fighting” the old man?

What were the solutions for selves #1 and 2? (Galatians 2:20 & Romans 6:5-11; Luke 9:23)

How are these different? What does it mean to “deny yourself take up your cross daily?”

What would this look like in a home or work environment?

What about yourself (that you don’t particularly like) do you need to “accept” and “embrace” because God created it? How about your spouse?

What is the difference between a character flaw and a temperament characteristic?

Discuss the statement.....

“Temperamental strengths and weaknesses never give me an excuse to sin”

How would you like the group to pray for you in light of this subject matter.