

Session # 2 (35 min) **Who am I...really?** Page 3 of the work book

What in this session stuck out to you as most significant for you and why?

Discuss John 13:3-5 How would you describe Jesus' self-identity from these verses?
In what ways might a solid, secure personal identity enable one to serve others?

What were some of your "desired impressions"?
What were some of your "worst characteristics"?

What does it mean to you that we are controlled by trying to prove the best or prove the worst is not true? Is it always wrong to do the "best"? If not, when is it "wrong" and why?

Think about your life? Who or what were some positive influences in the development of your "self-view"? Without a lot of detail, who or what were some negative influences?

In what ways, if any, has your upbringing (family, church, social situations) enforced the view that you are acceptable to God based on your performance?

In the discussion concerning the cycle of problem to crisis to problem, Tim said, "Anytime something undresses us and tells us that we're what we hoped we weren't, we run to our coping tools cycle." Do you agree or disagree? How do we see this in our culture?
Is there any personal illustrations from your own life you would be willing to share?

In what ways might we allow our behavior to become our identity?
Why do we struggle with this concept?
What does it mean to you when you hear
"Everything that's true about Jesus is true about you"?

What have you learned in this session about the roots of your reactions to life?

Break up into prayer groups and pray for one another concerning the one specific thing that was meaningful in this session.