

Session #1 (30 Min) **Things we want to do but don't** Pages 1,2 of the workbook

What in this session stuck out to you as most significant for you and why?

Was there anything that you did not understand?

When Tim says "anytime a truth becomes the truth it's no longer the truth" what do you hear him to say? What does this mean and why is it important as a principle for life? What might be an example of this happening in the church?

"God is love and he must pour his love out, therefore, he created us with a need for love so that we would come to him to have our need met." How does this concept strike you? What are some ways that we try to get our need met on a daily basis?

How do you define "self-centered" and what does it look or feel like from our perspective?

In what ways might religion be an attempt to get our needs met from the outside in?

Discuss "insanity" -- What is your perception of what Tim said about insanity? How can someone be "insane" and not "crazy"? What are some ways that "insane" society influences our "sanity"?

Discuss distinguishing between the voice of the enemy (the butcher) and the Spirit (the shepherd). What is the difference between conviction and guilt? In your experience, what are the dominant characteristics of God's voice? How is his voice different from the enemy's voice? In your experience, how has religion been unhelpful in being able to make this distinction?

In the discussion of judging our thoughts and our emotions, what seemed most important to you?

Discuss the statement "If something doesn't lead me to Jesus and to hope it's not from God". Do you agree or disagree? How can this idea be applied to hard situations and choices?

"Victory is keeping my attention focused on Christ. Obsession is turning my attention outward or inward but not Christ-ward." What do you think of this statement? Do you think that it is an oversimplification? If so, why?

Evaluate the following "steps to bondage" and discuss in what way this is true and in what way it is not true

1. I begin to think on a personal problem
2. I criticize myself for having this problem
3. I believe that the problem equals my desire
4. I fight the desire
5. I lose the fight....again (I cannot be free of what I am focused on)

What are some ways that you have seen a person's past control them in the present.

Break up into prayer groups and pray for one another concerning 1 specific thing that was meaningful in this session.